

# A Children's Guide to Building Learning Power at DVIS



**Resilience –knowing how to keep going in the good times and the tricky times. Being ready, willing and able to lock onto learning.**

**If you are **NOTICING** you will –**

- spot patterns;
- look closely for detail, seeing the little things such as what something is made of, what it is doing or what it looks like;
- compare things – what's the same what's different?;
- use resources in lots of different ways;
- ask questions;
- spend time doing something or looking at something;
- explore, often through an activity you have chosen for yourself;
- share your learning with someone - 'look what I have seen or found!'
- be patient for the learning to come and know answers can take time.

**If you are **PERSEVERING** you will –**

- give hard things a go and sometimes even enjoy it!;
- know you haven't got it 'yet';
- tolerate how it feels when things are difficult such as worried, annoyed, cross or confused;
- know how to learn from a juicy mistake;
- encourage or help someone else who is finding things tricky;
- try different resources to see which one might help you;
- be able to say that learning can be a struggle sometimes;
- keep on going even if there are difficulties and find ways to solve the problem.

**If you are **MANAGING DISTRACTIONS** you will –**

- be sure of what to do when something or someone is disturbing your learning;
- know what might disturb your learning and work out a way to manage it;
- choose the best place and resources that help you learn;
- take a short break to refresh yourself;
- learn in a big group or on your own;
- get back to learning after an interruption.

**If you are **ABSORBED** you will –**

- be carried away in your learning;
- ask questions;
- enjoy what you are learning so much that very little can pull you away from it;
- not notice the time passing;
- not be easily distracted;
- enjoy the challenge of learning.

